

Swift Moves Against Stubborn Warts

*Discover the microwave magic behind the treatment that's quick,
clean, and highly effective.*

Hello Forward Family!

Got warts? You're not alone. Warts are common—but that doesn't mean you have to live with them.

Warts can be stubborn, but getting rid of them doesn't have to be! In this issue, we're sharing everything you need to know—from what warts really are to how **Swift® Pro** helps zap them away for good.

Say goodbye
to warts
with **Swift!**



swift

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What Are Warts?

Warts are small, non-cancerous skin growths caused by the human papillomavirus (HPV). They can appear on the hands, feet, or other parts of the body — and while they're harmless, they can be stubborn and annoying!

Fun Fact: There are over **150 strains** of HPV — but only a few cause warts.

Introducing SWIFT® PRO

A cutting-edge microwave therapy that:

- Uses heat to stimulate the body's immune response
- Takes just **a few seconds** per treatment
- Involves **no cutting, bleeding, or downtime**
- Is **safe for children and adults**

Bye-bye Warts. Hello Happy Feet!

Swift Microwave Treatment now available
at Forward Foot & Ankle Center!

How does it work?

First, the device touches your wart for a few seconds.

Second, the energy will trigger your body's natural healing.

Last, the wart will go away over time.

No needles
No bandages
No blisters



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SwiftPro Before and After treatment



Forward Tips for Wart Prevention

- Wear flip-flops in public showers and pools
- Keep hands and feet clean and dry
- Don't share socks, shoes, or towels
- Cover warts with a bandage
- Avoid picking or scratching

TRIVIA TIME!

Q: What makes **Swift® Pro** different from freezing or cutting a wart off?

A: Instead of damaging the skin, Swift® Pro targets the virus with heat, helping your immune system **eliminate it naturally**.

Ready to Kick Your Warts to the Curb?

Swift® Pro is now available for **children, teens, and adults** at Forward

Foot & Ankle Center!

Livermore, CA | ForwardFeet.com

Call us: (925) 532-0099

[MAKE AN APPOINTMENT](#)

Meet our Office Podiatrist



Dr. Zoe Ramos, our expert podiatrist, is dedicated to providing top-notch care for your feet.

[CLICK HERE TO KNOW MORE](#)

Ken H.



I saw Dr. Ramos-Carthew at Forward Foot & Ankle Center a few months after a stubborn ankle sprain that just wasn't healing right—I still couldn't run or jump, and the constant dull pain was getting frustrating. She took the time to really assess what was going on, running through a full set of mobility tests, walking analysis, x-rays, and even showing me how to better secure my brace. She also