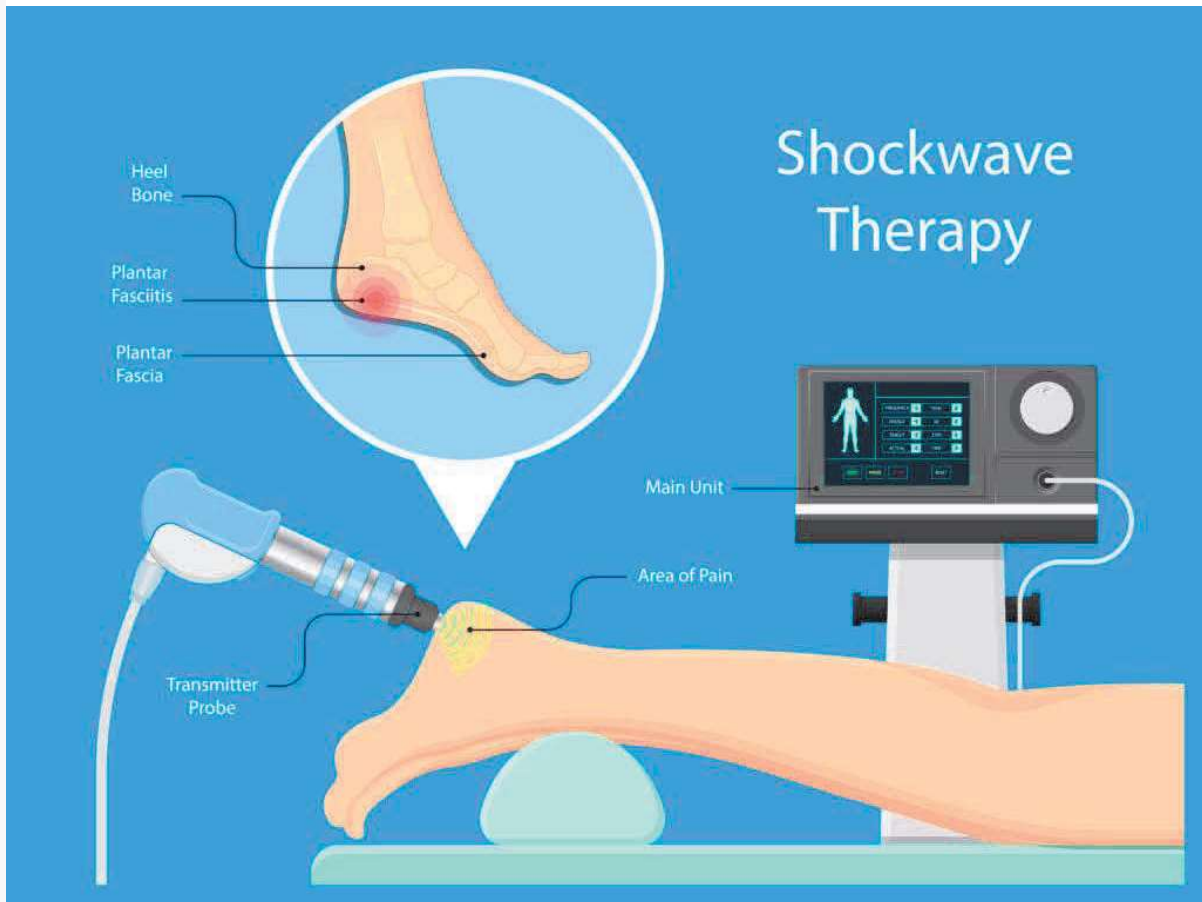


Your Feet Deserve a Comeback Story

Hi Forward Family!

Ever feel like your heel pain, tendinitis, or stubborn foot injury is stuck on repeat? Like you've iced, stretched, and rested—and still nothing? Good news: you're not out of options. You just haven't met our *shockingly effective* secret weapon yet...



Say Hello to Shockwave Therapy!

No, we're not zapping you like Frankenstein (we promise!). This is **Extracorporeal Shockwave Therapy (ESWT)**—a non-invasive treatment that uses sound waves to wake up your body's healing superpowers.

Think of it like a pep talk for your tendons.

Effective For Conditions Like:

- Plantar Fasciitis (heel pain)
 - Achilles Tendinitis
 - Shin Splints
 - Peroneal or Posterior Tibial Tendinitis
 - Chronic injuries that haven't improved with traditional treatment
-

How It Works:

Shockwave therapy stimulates circulation, breaks up scar tissue, and encourages collagen regeneration—all without needles, surgery, or downtime. Most patients feel improvement within 3-5 sessions. It's like physical therapy... turbo-charged.

Is Shockwave Right for Me?

You might be a great candidate for Shockwave Therapy if:

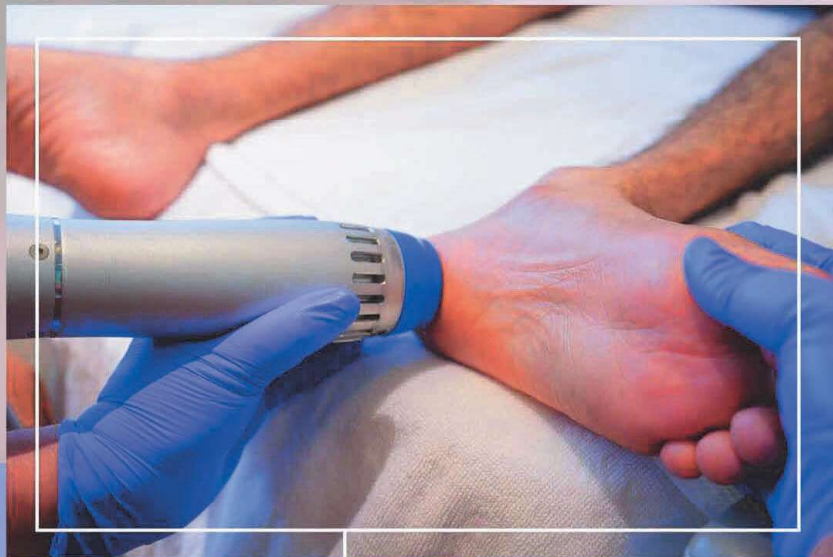
You've tried rest, ice, stretching, or orthotics—and still have pain

Your pain has lasted more than 6 weeks and isn't improving

You've had a prior injury that keeps flaring up

You want to avoid injections, medications, or surgery

We'll assess your condition during your visit, and if Shockwave is a match, we'll customize a treatment plan that fits your lifestyle and goals.



Medical Action of Shockwave Therapy

- New Blood Vessel Formation
- Reversal of Chronic Inflammation
- Stimulation of Collagen Production
- Dissolution of Calcified Fibroblasts
- Dispersion of Pain Mediator
- Release of Trigger Points

Fun Fact:

Shockwave Therapy was first used to break up kidney stones! Now, it's a go-to for treating orthopedic injuries—especially in **runners, athletes**, and anyone tired of limping through life.

Want to Try It?

We offer this in-office treatment right here in Livermore. Covered by most HSAs and FSAs. Not sure if it's right for you? Come in for a consultation—we'll walk you through it (pun intended).

Meet our Office Podiatrist